

Dear Sir/ Madam



eTeens
STI (Sexually Transmitted Infections) /
HIV (Human Immunodeficiency Virus)
Prevention Programme in Schools

1. In view of the increasing number of STIs reported among youth aged 10-19 years¹, HPB, in collaboration with the Ministry of Health (MOH) and the Ministry of Education (MOE), developed a STIs/HIV prevention programme titled *eTeens* for students in secondary schools and JC/CIs. The programme aims to raise awareness on STIs/HIV, inform students about ways to prevent infection and discourage risky sexual behaviours. Abstinence and upholding family values are the key messages in the programme.

2. *eTeens* for Secondary 3 students comprises an assembly talk and a classroom-based lesson. It covers information on the transmission modes of STIs, the signs, symptoms and consequences of contracting STIs/HIV, effective methods of preventing infection including abstinence from pre-marital sex, being faithful to one partner in the context of marriage as well as condom use. It also teaches life-skills such as decision-making, assertiveness and negotiation skills. *eTeens* is conducted in schools by trained personnel from HPB and teachers. A factsheet on the programme, which is available on the MOE website², is enclosed.

3. If you do not wish your child/ward to attend this programme, please complete the form on the next page and return it to the school. For any clarification regarding this programme, please email us at hpb_yhp@hpb.gov.sg.

Thank you.

Yours sincerely

Dr Chris Cheah
Deputy Director
Communicable Disease Education
Regional Health and Community Outreach Division
Health Promotion Board

¹ Reported cases of STIs among youth aged 10-19 years increased from 238 cases in 2002 to a peak of 820 cases in 2007.

² www.moe.gov.sg/education/programmes/social-and-emotional-learning/sexuality-education/scope-and-teaching-approach-of-sexuality-education-in-schools

eTeens Opt-out Form

Please complete this section if you DO NOT wish your child to attend the eTeens Programme and return it to the school.

I, (name) _____, do not wish my son/daughter/ward*,
(name) _____ of class _____, to attend the
eTeens STIs/HIV Prevention Programme conducted by the Health Promotion Board.

My reason(s) for opting out:

- My child is too young.
- I would like to personally educate my child.
- I am not comfortable with the topics/content to be covered.
- Religious reasons
- I have previously taught my child the topics/content to be covered.
- I do not think it is necessary for my child to attend.
- Others (please state): _____

Signature of Parent/Guardian

Date